



Napiers History of Herbal Healing, Ancient and Modern

Tom Atkinson

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Herbalism is the oldest form of medicine in the world. It has been practised for thousands of years, and is still the most widely used method of healing in existence. This concise history reveals the development of herbalism through the ages, a unique journey from Neolithic Kurdistan to present-day Edinburgh. It also contains the casebook and autobiography of Duncan Napier, a Victorian practitioner of herbal medicine, with notes from a modern herbalist. From the creation of Lobelia Syrup for coughing to the 48 foot tapeworm, the history of Napiers makes for fascinating reading.

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