



Useful Belief: Because It's Better Than Positive Thinking

Chris Helder

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Positive thinking has had its time — the new way of overcoming life's challenges is USEFUL BELIEF

Useful Belief turns the "be positive" industry upside down with a fresh and modern approach to achievement. Sometimes things in life are not positive. Sometimes bad things happen to good people. If you've had a nightmare of a year, the last thing you want to hear is "Be positive!" Instead, you need an actual strategy to dig yourself out, and a truly useful guidebook to show you where to go next. This is that guidebook.

Through the engaging tale of a business traveller and the three significant encounters on his journey, this book takes you on a journey of your own — to self awareness, and an improved approach to business, parenting and relationships. You'll learn how thinking "useful" is better than thinking "positive", and you'll uncover the utility of your past, present and future challenges. You'll undergo a major shift in the way you solve your problems, and you'll learn how to navigate your way out of ambiguity and toward success.

If you have challenges at work right now, just deciding to "be positive" will not fix them. Useful belief and strategy will. This book shows you how to frame your challenges to make them surmountable, and how to formulate an action plan for getting where you need to be.

- Learn a simple self-awareness strategy that turns problems into plans
- Discover the truth about "truth" and the importance of "useful"
- Go beyond positivity to actually fix personal and professional problems
- Uncover the valuable lessons you've learned from the challenges you've overcome

Everything that has ever happened to you has happened for a reason. It doesn't matter if it's true, because it's *useful to believe it is true*. *Useful Belief* leads you toward the self-awareness and strategic outlook you need to achieve personal fulfillment and professional success.

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Kathy Graves:

As people who live in typically the modest era should be change about what going on or details even knowledge to make these people keep up with the era that is certainly always change and advance. Some of you maybe can update themselves by examining books. It is a good choice in your case but the problems coming to an individual is you don't know what one you should start with. This Useful Belief: Because It's Better Than Positive Thinking is our recommendation to help you keep up with the world. Why, because book serves what you want and need in this era.

Jordan Moore:

Playing with family in a very park, coming to see the marine world or hanging out with close friends is thing that usually you will have done when you have spare time, after that why you don't try point that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Useful Belief: Because It's Better Than Positive Thinking, it is possible to enjoy both. It is fine combination right, you still wish to miss it? What kind of hang type is it? Oh can happen its mind hangout men. What? Still don't have it, oh come on its identified as reading friends.

Joe Dix:

In this particular era which is the greater man or woman or who has ability in doing something more are more special than other. Do you want to become one among it? It is just simple way to have that. What you must do is just spending your time almost no but quite enough to possess a look at some books. One of several books in the top record in your reading list is definitely Useful Belief: Because It's Better Than Positive Thinking. This book that is certainly qualified as The Hungry Slopes can get you closer in getting precious person. By looking way up and review this guide you can get many advantages.

Ruth Vigue:

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