



# The Ultimate Juicing Diet Cookbook: Juicing Recipes for Weight Loss

*Thomas Kelley*

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# The Ultimate Juicing Diet Cookbook: Juicing Recipes for Weight Loss

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## **The Ultimate Juicing Diet Cookbook: Juicing Recipes for Weight Loss** Thomas Kelley

The Ultimate Juicing Diet Cookbook: Juicing Recipes for Weight Loss is the only book you will ever need if you plan on getting into the world of creating juices from the comfort of your own home. Many of the juicing recipes for weight loss that you will find in this book will not only help you to lose weight, but they will hold other health benefits for you as well. You will not find any of these recipes in any other juicing diet cookbook on the market today. This is one of the best juicing for beginners books that you will find as it is packed full of information that every newbie needs: from juicing recipes for weight loss to helpful tips that you need to make the perfect juice each and every time. In this juicing diet cookbook juicing for beginners could not get any easier. With simple step by step instructions, even someone who has never touched a juicer will become a pro in no time. Unlike most juicing for beginner's guidebooks, this book comes loaded with over 50 different juicing recipes that you have got to try for yourself!

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