



## Come Up Higher

*Altha Burts*

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*Altha Burts*

## **Come Up Higher** Altha Burts

Is God Enough to Rebuild a Shattered Life? "For years I have searched for a book like this one. Altha Burts openly reveals her long struggle to discover her true identity. Her mother died when she was a child. Her father ignored her. Men sexually abused her. She felt worthless, guilty, angry, and confused. Her search for meaning drove her into a lifestyle of emotional dependence, sexual confusion, and drugs, finally resulting in a mental breakdown. Then she found Christ. Now, she became God's beloved child-not a father's neglected daughter. Did she change? Yes! But gradually. Committed to new life in Christ, Altha was led by the Lord into a process of transformation which surfaced the underlying issues resulting from abuse and emotional deprivation. Those issues, formerly appeased by drugs and dependent relationships, could no longer be ignored. Could she now face the crippling feelings of inadequacy, anger, and depression, as well as overcome bulimia and anorexia? Find out how God met Altha's pressing needs. In the process, you will discover that He is more than able to meet yours, too." -Dr. Ed Murphy ,former VP of OC International and part-time Associate Professor at San Jose Christian College and is presently serving as Senior Advisor for Africa ministry Network.

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