



Life Purpose Playbook: The Ultimate Guide To Goal Setting And Daily Planning

Judy Machado-Duque

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This Playbook is in fact a PLANNER and has been created for anyone who is DONE with procrastination and ready to take their life to the next level through a visually stunning and empowering time management system. The beginning of the Playbook includes exercises to get clear on your PURPOSE, a how to guide to create empowering goals, a 5 step system to create a powerful mission statement for your life, a built-in vision board and a goal charting system. The Life Purpose Playbook then turns into a 6-month daily planner (undated) with a built-in weekly check-in to take you back to your goals in the front of the book and to master the life-changing habits of strategic planning & priority scheduling. The DAILY PAGES contain the most effective & powerful productivity tools & techniques including daily celebration & gratitude, habit transformers, daily intentions & before-noon commitments. All of this plus sacred geometry throughout, to color (should you choose), and to ignite your creativity and love for life!

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