



Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Polka Dots)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Earl Austin:

Spent a free time and energy to be fun activity to do! A lot of people spent their free time with their family, or their friends. Usually they undertaking activity like watching television, likely to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? May be reading a book is usually option to fill your free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the reserve untitled Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Polka Dots) can be great book to read. May be it could be best activity to you.

Ethan Scott:

The particular book Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Polka Dots) has a lot of information on it. So when you check out this book you can get a lot of gain. The book was published by the very famous author. Mcdougal makes some research just before write this book. This specific book very easy to read you can find the point easily after looking over this book.

Bryant Kelly:

Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Polka Dots) can be one of your starter books that are good idea. All of us recommend that straight away because this publication has good vocabulary that will increase your knowledge in language, easy to understand, bit entertaining however delivering the information. The writer giving his/her effort that will put every word into satisfaction arrangement in writing Adult Coloring Journal: Codependents of Sex Addicts Anonymous (Mandala Illustrations, Polka Dots) however doesn't forget the main position, giving the reader the hottest and also based confirm resource facts that maybe you can be among it. This great information may drawn you into completely new stage of crucial pondering.

Jeremy Turner:

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