



Understanding Your 1 Year Old (Understanding Your Child)

Deborah Steiner, Tavistock Clinic

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This volume is a practical insight into the growth of a child's mind and personality during the important first year of development. It describes the ordinary development of one-year-old children, to help parents spot the growing pains, and provide ways in that they might understand their child's growth. Problems explored include feeding, discipline, toilet training, tantrums and sociable play.

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