



The Smart Girl's Guide to Polyamory: Everything You Need to Know About Open Relationships, Non-Monogamy, and Alternative Love

Dedeker Winston

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No one likes a know-it-all, but everyone loves a girl with brains and heart. *The Smart Girl's Guide to Polyamory* is an intelligent and comprehensive guide to polyamory, open relationships, and other forms of alternative love, offering relationship advice radically different from anything you'll find on the magazine rack.

This practical guidebook will help women break free of the mold of traditional monogamy, without the constraints of jealousy, possessiveness, insecurity, and competition. *The Smart Girl's Guide to Polyamory* incorporates interviews and real-world advice from women of all ages in nontraditional relationships, as well as exercises for building self-awareness, confidence in communication, and strategies for managing and eliminating jealousy. If you're curious about exploring group sex, opening up your current monogamous relationship, or ready to "come out" as polyamorous, this book covers it all!

Whether you're a seasoned graduate, a timid freshman, or somewhere in between, you'll learn how to discover and craft unique relationships that are healthy, happy, sexy, and tailor-made for *you*. Because when it comes to your love life, being a know-it-all is actually a great thing to be.

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