



# **The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection)**

*Esther Allen Howland*

[Download now](#)

[Click here](#) if your download doesn't start automatically

# The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection)

*Esther Allen Howland*

## **The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection)** Esther Allen Howland

This volume in the American Antiquarian Cookbook Collection was published in Boston in 1844, and it is a classic example of early American regional cooking, with a traditional Yankee emphasis on thrift in the home.

Mrs. Howland's *New England Economical Housekeeper, and Family Receipt Book* is a regional cookbook with strong emphasis on thrift and self-reliance in the home, common themes in early American cookbooks that also reflected her New England heritage. Over 220 classic New England recipes, simple and well written compared with many contemporary cookbooks, are included. It's interesting to note that fifty of the recipes are for puddings. The "Medicinal Department" section offers cures and common remedies for ailments from cancer and consumption to corns and chapped hands, and "Miscellaneous Receipts" discusses household tips (how to make soap, prevent the gate from creaking, keep red ants from the cupboard) and morality ("Two rules of Jefferson are very applicable to the times—'Never spend your money before you get it;' and 'Never buy what you do not want because it is cheap.'") The book also contains an early technique for mouth-to-mouth resuscitation and CPR, and well as other advice for household emergencies, such as fires. Mrs. Howland's book was very popular and stayed in print for over forty-five years with various titles and editions.

This edition of *The New England Economical Housekeeper, and Family Receipt Book* was reproduced by permission from the volume in the collection of the American Antiquarian Society, Worcester, Massachusetts. Founded in 1812 by Isaiah Thomas, a Revolutionary War patriot and successful printer and publisher, the society is a research library documenting the lives of Americans from the colonial era through 1876. The society collects, preserves, and makes available as complete a record as possible of the printed materials from the early American experience. The cookbook collection comprises approximately 1,100 volumes.

 [Download The New England Economical Housekeeper, and Family ...pdf](#)

 [Read Online The New England Economical Housekeeper, and Fami ...pdf](#)

## **Download and Read Free Online The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) Esther Allen Howland**

---

### **From reader reviews:**

#### **Kerry Diaz:**

Book is to be different for each and every grade. Book for children until eventually adult are different content. As we know that book is very important for people. The book The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) had been making you to know about other knowledge and of course you can take more information. It is extremely advantages for you. The e-book The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) is not only giving you much more new information but also for being your friend when you sense bored. You can spend your current spend time to read your reserve. Try to make relationship with the book The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection). You never feel lose out for everything in case you read some books.

#### **Barbara Shephard:**

Are you kind of busy person, only have 10 as well as 15 minute in your morning to upgrading your mind talent or thinking skill also analytical thinking? Then you are receiving problem with the book when compared with can satisfy your short space of time to read it because this time you only find publication that need more time to be read. The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) can be your answer because it can be read by anyone who have those short time problems.

#### **Francine Nott:**

Many people spending their moment by playing outside with friends, fun activity with family or just watching TV all day long. You can have new activity to enjoy your whole day by reading a book. Ugh, do you consider reading a book can really hard because you have to bring the book everywhere? It alright you can have the e-book, bringing everywhere you want in your Touch screen phone. Like The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) which is getting the e-book version. So , why not try out this book? Let's notice.

#### **Sherry Clark:**

A lot of people said that they feel bored when they reading a publication. They are directly felt the item when they get a half regions of the book. You can choose the particular book The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) to make your own personal reading is interesting. Your personal skill of reading ability is developing when you just like reading. Try to choose straightforward book to make you enjoy to study it and mingle the idea about book and examining especially. It is to be very first opinion for you to like to open up a book and read it. Beside that the reserve The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) can to be your new friend when you're really feel alone and confuse with

the information must you're doing of the time.

**Download and Read Online The New England Economical  
Housekeeper, and Family Receipt Book (American Antiquarian  
Cookbook Collection) Esther Allen Howland #AB621JV08ZP**

## **Read The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland for online ebook**

The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland books to read online.

## **Online The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland ebook PDF download**

**The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland Doc**

**The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland Mobipocket**

**The New England Economical Housekeeper, and Family Receipt Book (American Antiquarian Cookbook Collection) by Esther Allen Howland EPub**