



Perseverance: Women Living with Bipolar Disorder

Sandy Weiner, Dr Sandy Weiner

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In *Perseverance*, Dr. Sandy Weiner outlines the struggles that women who have Bipolar Disorder deal with in their daily lives, including the topic of female sexuality and the role it plays for women with this disorder. The book also covers the concepts of loneliness, social cognition, biological rhythms, addictions in women, suicide, and, finally, what qualities are needed to achieve a sense of well-being. Most of all, the book projects a feeling of optimism and hope.

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