



I Am Not I

Jacob Needleman

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Seeking to reconcile the split between our inner child and our adult self, eminent philosopher and religious scholar Jacob Needleman evokes the ancient spiritual tradition of a deep dialogue between a guiding wisdom figure and a seeker. The elder offers an initiation to a younger self, an initiation the author feels is missing from our culture. Rendered as a stage play, the conversation between the 80-year-old author and his younger selves unfolds, and an ambiguity emerges as to whether this is strictly the author's internal dialogue or whether the younger self may be nurturing a rebirth of the author.

On one level, *I Am Not I* brings younger readers (teenagers and young adults) face to face with powerful spiritual and philosophical ideas. But as the book progresses, the dialogue delves into questions and insights that carry astonishing new hope and vision for every man and woman, challenging our culture's accepted—and often toxic—ideas about humanity's place in a living universe.

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