



Zen Page-A-Day Calendar 2017

David Schiller

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Awake. Be the witness of your thoughts. You are what observes, not what you observe. —The Buddha

Now with one million copies sold, the calendar that brings peace and wisdom to every desktop—adapted from the bestselling book *The Little Zen Companion*. Each day offers an enlightening quote, koan, sutra, or parable that reflects the spirit of Zen. The Zen of Friedrich Nietzsche: *One must still have chaos in one, to give birth to a dancing star.* The Zen of Osho: *The real question is not whether life exists after death. The real question is whether you are alive before death.* The Zen of Mother Teresa: *Be happy in the moment, that's enough. Each moment is all we need.*

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