



## Winning Social Tennis for Adults

*Bill Blair*

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## **Winning Social Tennis for Adults** Bill Blair

I am a professional tennis instructor, certified by PTR. More importantly, I am a senior citizen who has learned how to teach fun tennis to seniors. In recent years I have noticed something that, no matter how old (or young) a tennis player is, we all seem to want to play tennis a little better. Well, want no more! WSTA is here, and that is exactly what we are all about. This book is an introduction to a tennis training system designed to help those in their 40s, 50s, 60s and even 70s learn to play a better, more aggressive, and certainly much more enjoyable tennis, as well as one that is a whole lot easier on the ole' bones. When talking to tennis players my age (seniors), the same ideas come up. They say, "Boy, I would love to beat John or Sue—they beat me every week. I wonder what I can do to improve my tennis game at my age and also not be sore for the next three days..." Well, I have the answer for you, plus those to a lot of other questions, too. This is information that you will be thrilled to know. I will change your game overnight. You're going to say, "Where have you been all my life?" I am going to prove to you that fun on the tennis court can start at 50, 60 or even 70. You simply have to want to enjoy your tennis more. That's not asking much, is it?

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