



Memoirs of an ADHD Mind: God was a Genius in the Way He made me

Melissa Hood

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We're Not Stupid We Just Learn Differently!!!! "Memoirs of An ADHD Mind" takes the reader on the wild roller coaster ride of what it is like for those who struggle with ADD/ADHD. Having lost 40 jobs in 15 years (due to the ADHD condition) Missy Hood's journey has been one of heartbreaking determination, endurance & resilience! She is here to prove to others like herself that they too can do anything if they have the right coping tools. Her faith has propelled her to defy scientific odds and why she hopes to educate society about the misinformed stigmas they have about the condition. She speaks of her own funny ticks & quirks which opened up a door to self-awareness in her learning to love and accept herself after 30 years. The misunderstanding of ADHD helped motivate her to help others learn more about ADHD's pitfalls, its hidden strengths and the tremendous rejection it can cause for those still trying to cope. Join her as she inspires you to try (one more time) by applying her new coping skills and by coaching you in how you too can move into higher level learning. She believes these skills can offer ideas for children, teens, students and adults still struggling to tame their brain. Missy Hood believes these skills will teach them how to create the needed structure that can propel them into higher level education as well as career success. I Sam 18:14- GREAT SUCCESS!

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