



Complete Guide to Rope Techniques: A Comprehensive Handbook For Climbers (Guide to Series)

Nigel Shepherd

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The sport of climbing has become extremely popular in recent years. For climbers of all abilities, from beginners through professional climbing instructors, the book to have is *The Complete Guide to Rope Techniques, 2nd* by Nigel Shepherd. A first-class climber, instructor, and professional mountain guide, Shepherd covers everything from the most basic rope techniques to the advanced skills needed for competitive climbing. Topics covered include: top and bottom roping; snow, rock, and ice anchors; abseiling; glacier travel and crevasse rescue; short roping; the double rope technique; retreating from a climb; rope tricks for adventure-climbing activities; and much more.

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