



Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series)

Tony Biscombe, Peter Drewett

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Master the skills, master the game. *Rugby: Steps to Success* covers all of the skills, tactics and strategies you need to improve your play and dominate the pitch.

With 13 progressive instructional steps, you'll learn all aspects of the game. Detailed descriptions, illustrations and photo sequences demonstrate the essential skills, including footwork, ball handling, tackling and kicking. Then practice and improve with 90 drills, each featuring a personal scoring system to gauge and accelerate your progress.

After mastering the individual skills, you'll learn to apply them in match play. From retaining possession to attacking the opposition's weaknesses, you'll learn the strategies to dominate the pitch.

Become a complete player and lead your team to victory. As part of the popular Steps to Success Sports Series—with more than 1.5 million copies sold worldwide—*Rugby: Steps to Success* will elevate your performance to new heights in all facets of the game.

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