



Your Executive Coaching Solution: Getting Maximum Benefit from the Coaching Experience

Joan Kofodimos

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While much has been written for practicing coaches, this timely new book delivers a first-of-its-kind user's guide for executives and managers considering coaching for themselves or for a member of their team. Joan Kofodimos draws on her nearly 25 years of pioneering work in the field to lay out in precise detail what coaching candidates should look for and what results they can expect: guidelines to evaluate the potential value of coaching; criteria for choosing the right coach based on experience, focus and personal "fit"; and critical action steps in moving from assessment to behavior change. Dozens of checklists, sample meeting agendas and coaching contracts, dialogue scripts and life-inspired case examples equip executives and managers with the information they need to enter into a coaching relationship fully prepared to participate as a vested partner—whether establishing a new contract or maximizing the benefits of an existing one. This concise and easily accessible guidebook explores how coaching can address performance issues, develop high-potential leaders, build teams and support leaders who drive change.

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Playing with family in a very park, coming to see the coastal world or hanging out with pals is thing that usually you may have done when you have spare time, after that why you don't try point that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Your Executive Coaching Solution: Getting Maximum Benefit from the Coaching Experience, you may enjoy both. It is great combination right, you still wish to miss it? What kind of hang-out type is it? Oh seriously its mind hangout fellas. What? Still don't get it, oh come on its called reading friends.

Gordon Lipsky:

Is it you who having spare time and then spend it whole day by simply watching television programs or just lying down on the bed? Do you need something totally new? This Your Executive Coaching Solution: Getting Maximum Benefit from the Coaching Experience can be the response, oh how comes? The new book you know. You are thus out of date, spending your time by reading in this new era is common not a geek activity. So what these guides have than the others?

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