



# Extra Mile America: Stories of Inspiration, Possibility and Purpose

*Shawn Anderson*

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## **Extra Mile America: Stories of Inspiration, Possibility and Purpose** Shawn Anderson

To symbolize the power of the "go the extra mile" message, Shawn Anderson pedaled a bicycle from ocean to ocean - solo. Along the way, he interviewed over two hundred inspirational Americans who had demonstrated a remarkable ability to overcome personal setback and accomplish something extraordinary. A blind woman who climbed one of the world's tallest mountains, a triathlete who was born a congenital amputee, a 95-year-old who has been volunteering at the same hospital for 49 years, a corporate executive who gives away 82% of his company's profits - these are a few of the inspirational profiles highlighted in Extra Mile America. The stories in this book have the power to inspire your spirit, challenge you to reevaluate your own life setbacks, and motivate you to take a deep breath of courage in order to get back on your own metaphorical bike with a renewed passion and purpose.

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