



Exploring Auras: Cleansing and Strengthening Your Energy Field

Susan G. Shumsky

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In the new, revolutionary Exploring Auras, you will discover extraordinary breakthroughs about the human energy field that are simply unavailable anywhere else. Through this powerful, informative, practical book, you will discover, experience, cleanse, and strengthen your auric fields through simple methods that produce powerful results.

The ancient Greek word "aura" means "breath of air" - the vital energy that breathes life into your being. This subtle energy field, which permeates and envelops your body, is a multifaceted, multidimensional field of immense light, power, and energy.

The breath of air that gives you life also breathes life into the cosmos. Thus everything in the universe is filled and surrounded by auric fields that you can experience, measure, evaluate, cleanse, heal, restore, and strengthen.

With the easy, proven tools and techniques in Exploring Auras, you will learn how to:

Develop the subtle sensory perception to see or sense auras.

Overcome "psychic - sponge - syndrome", over - sensitivity, and psychic vampirism.

Develop spiritual self - defense, auric protection, and self - reliance.

Increase power, balance, focus, and clarity in your energy field.

Heal and release dense vibrations in your environment.

Release attachments and addictions crystallized in your energy field.

Cut psychic ties and cords to create healthier relationships.

Overcome psychic nets, clamps, plates, hooks, tentacles, arrows, jails, holes, leaks, armors, masks, shells, entities, environmental static, and geopathic zones.

Heal and augment energy fields through intuitive dowsing, color, sound, breathing, movement, meditation, affirmation, visualization, and energetic sexual practices.

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