



# Sound Healing: Vibrational Healing with Ohm Tuning Forks - Second Edition

*Marjorie de Muynck*

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**Sound Healing: Vibrational Healing with Ohm Tuning Forks - Second Edition** Marjorie de Muynck  
A Practical Application Manual + DVD for Self-Treatment and Treating Others!

**New Second Edition** includes expanded 8-page instructional color photo section featuring additional self-treatment protocol, detailed instructions for correct hand positioning, chakra and sound balancing techniques for the Subtle body, and treatment applications for Chair Massage and Sport Therapy.

Manual plus DVD feature illustrated instructions and video tutorials of 25 treatment protocols, including basic tuning fork technique, pace of application, body mechanics and application methods for both the physical and energetic body.

## **Manual features:**

- 1) A treatise and exploration on the healing aspects of vibration, sound & music
- 2) 25 illustrated treatment protocols for Treating Others and Self Treatment
- 3) Expanded 8-page instructional color photo section
- 4) A complete Sound Healing system utilizing tuning forks + music in the key of Ohm


## **DVD demonstrates:**

- 1) Tuning Fork Technique
- 2) Pace of Application and Body Mechanics
- 3) Tuning Fork Application Methods for the physical & energetic body
- 4) 20 illustrated Protocols for Treating Others, utilizing acu-points and anatomical placements
- 5) How to include Singing and Crystal Bowls in a Sound Healing session **New Second Edition color section**

## **highlights:**

- 1) Photos showing additional treatment applications for common ailments such as headache, tennis elbow, strained or cramping muscles even how to lengthen and extend a yoga pose!
- 2) Close-up photos demonstrate correct hand positioning and body mechanics when activating and applying tuning forks.
- 3) Chair Massage applications show how to apply and direct vibration to alleviate tension headache, relax shoulder and neck, includes Cranial Sacral application.
- 4) Singing bowl placement along spine relaxes musculature and helps to realign the vertebra.
- 5) Sport Therapy applications feature three acupressure points (ST 36, SP 3, Kidney Chest Points) chosen to ease joint stiffness and pain and to help regulate the transportation of energy in the body.

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#### **Joel Jones:**

As people who live in the actual modest era should be upgrade about what going on or data even knowledge to make these people keep up with the era and that is always change and advance. Some of you maybe may update themselves by looking at books. It is a good choice in your case but the problems coming to an individual is you don't know what one you should start with. This Sound Healing: Vibrational Healing with Ohm Tuning Forks - Second Edition is our recommendation to help you keep up with the world. Why, because this book serves what you want and wish in this era.

#### **Jillian Diaz:**

People live in this new moment of lifestyle always make an effort to and must have the extra time or they will get wide range of stress from both lifestyle and work. So , whenever we ask do people have time, we will say absolutely without a doubt. People is human not just a robot. Then we question again, what kind of activity have you got when the spare time coming to you actually of course your answer will certainly unlimited right. Then do you try this one, reading ebooks. It can be your alternative inside spending your spare time, often the book you have read will be Sound Healing: Vibrational Healing with Ohm Tuning Forks - Second Edition.

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