



Constructions of Self and Other in Yoga, Travel, and Tourism: A Journey to Elsewhere

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This volume considers the phenomenon of yoga travel as an instance of a broader genre of 'spiritual travel' involving journeys to places 'elsewhere', which are imagined to offer the possibility of profound personal transformation. These imaginings are tied up in a continued exoticization of the East, but they are not limited to that. Contributors identify various themes such as authenticity, suffering, space, material markers, and the idea of the 'spiritual', tracing how these ideas manifest in conceptions and fetishizations of 'elsewhere.' To deepen its analysis of this phenomenon, the book incorporates a wide range of disciplines including architecture, sociology, anthropology, philosophy, women's studies, religious studies, and history. While the book's primary focus is yoga and yoga travel, contributors offer up an array of other case studies. Chapters delve into the complex questions of agency and authenticity that accompany the concept of 'spiritual travel' and ideas of 'elsewhere.'

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