



# **Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Rainbow Canvas)**

*Courtney Wegner*

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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#### **Jaime Worm:**

Reading a publication tends to be new life style on this era globalization. With looking at you can get a lot of information that will give you benefit in your life. Along with book everyone in this world can easily share their idea. Books can also inspire a lot of people. A great deal of author can inspire their very own reader with their story or maybe their experience. Not only situation that share in the books. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some investigation before they write with their book. One of them is this Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Rainbow Canvas).

#### **Mary Grubb:**

Is it you actually who having spare time subsequently spend it whole day through watching television programs or just telling lies on the bed? Do you need something totally new? This Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Rainbow Canvas) can be the response, oh how comes? The new book you know. You are so out of date, spending your time by reading in this fresh era is common not a geek activity. So what these textbooks have than the others?

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